

Baylor Scott & White Sports Medicine and Orthopedic Institute

Quality, Comprehensive Orthopedic Care from Fellowship-Trained Physicians South of the DFW Metroplex

NO ONE PLANS ON HAVING INJURIES OR PAIN related musculoskeletal disorders—but they happen. And when they do, Baylor Scott & White Sports Medicine and Orthopedic Institute is here to help.

Baylor Scott & White has several orthopedic institutes throughout the Dallas-Fort Worth area that offer a wide variety of orthopedic and sports medicine treatments, and one of its newest locations south of Dallas has been a welcome addition for patients in Waxahachie, Mansfield, Midlothian, and Red Oak. At BSW Sports Medicine and Orthopedic Institute, fellowship-trained orthopedic physicians and surgeons provide quality and comprehensive orthopedic care, offering a range of services from nonsurgical sports medicine procedures and hip and knee revisions to shoulder and spine surgery. Expertly trained physicians are proficient in performing advanced orthopedic procedures and highly specialized evaluations for the proper identification and treatment of every orthopedic condition. They utilize a team approach in each case and are dedicated to providing quality, accessible treatment for every patient.

Dr. Brandon Barnes, an orthopedic sports medicine surgeon, says all the fellowship-trained surgeons at BSW Sports Medicine and Orthopedic Institute - Waxahachie have completed extra training in order

to sub-specialize in their areas of interest. “Our practice has been able to grow tremendously in the past two years as a result of the growth of this area,” Dr. Barnes says. “Between us, we are able to handle any orthopedic or sports medicine procedure.”

Dr. Paul Thomas Freudigman, an orthopedic trauma surgeon, says Ellis County has been growing rapidly, resulting in a need for expanded options in all medical specialties. “This location is convenient for so many patients, particularly those who have possibly postponed care because they didn’t want to drive into Dallas,” he says. “We are passionate about caring for patients in need of routine and complex orthopedic care, and our relationship with BSW Medical Center - Waxahachie has created an alignment of physicians and surgeons who share the same goals in patient care. Everything we do is based on quality metrics—it’s a better way to practice medicine. For us, the patient always comes first, and the Baylor Scott & White Sports Medicine and Orthopedic Institute is a patient-focused program. The opportunity to serve this community and to help lead and grow a practice that is so meaningful to people is exciting.”

Services Include:

- Fracture Care
- Hip and Knee Revision Surgery
- Nonsurgical Sports Medicine
- Nonunion and Malunion
- Shoulder Surgery
- Spine Surgery
- Sports Medicine
- Total Hip and Total Knee Replacement
- Concussion Care
- Lumbar Surgery
- Cervical Surgery



Specialists: Haariss B. Ilyas, M.D. *Orthopedic Spine Surgery* | Brian Mbah, M.D. *Nonsurgical Sports Medicine* | Brandon J Barnes, M.D. *Orthopedic Sports Medicine* | Stephen Thomas Mathew, M.D. *Orthopedic Sports Medicine* | Christopher Trinh, D.O., FAAFP, CAQSM *Nonsurgical Sports Medicine* | Zach Hubert, M.D. *Joint Replacement* | Paul Thomas Freudigman, M.D. *Orthopedic Trauma* | Brenna Gardell, PA-C *Orthopedic Surgery* | Alisha Lorren, MPAS *Orthopedic Surgery*

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Back row, left to right: Paul T. Freudigman, MD; Zach Hubert, MD; Haariss B. Ilyas, MD; Brandon Barnes, MD | Front row, left to right: Christopher Trinh, DO; Stephen T. Mathew, MD; Brian Mbah, MD



Baylor Scott & White Sports Medicine and Orthopedic Institute

Offering full-service operative and non-operative orthopedics in the southern DFW Metroplex.



ACCEPTING NEW PATIENTS
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