



## Scott C. Stowers, D.O., F.A.S.M.B.S.

### BARIATRIC SURGERY

When patients visit with board-certified bariatric surgeon Dr. Scott Stowers to explore their options for weight loss surgery, he encourages them to focus on not only the weight they will lose, but the life that they will gain. Dr. Stowers has helped more than 12,000 patients lose weight through bariatric surgery, and with each patient, he enjoys watching their lives improve—mentally, emotionally, and physically—as they become healthier after weight loss.

Dr. Stowers has been a bariatric surgeon for 17 years, and a general surgeon for 30 years. He became a bariatric surgeon for two reasons—to have a more personalized practice and to eliminate obesity, and in turn eliminate many other health issues. “I treated a patient who was spending more than \$600 per month in co-pays for medications for health issues he had that were caused solely by obesity,” Dr. Stowers says. “Many bariatric patients no longer need costly insulin, oral diabetic medication, and/or blood pressure medications after surgery. Bariatric surgery can eliminate health issues permanently.”

Dr. Stowers and his team take a collaborative approach to treating patients. Dr. Stowers sees each patient personally, and all patients are part of a program that ensures that the team is working with them from the initial consultation through surgery and follow-up. The after-care is as important as the surgery itself, Dr. Stowers believes, because this is where lifelong weight loss success begins. “During the first year after surgery, we will see patients three or four times and always have an open line of communication with them. Education is the key to success,” Dr. Stowers says.

Patients most often comment that they wish they would have had surgery sooner and that Dr. Stowers’ genuine bedside manner is what they appreciate most about their care. He remembers personal details about their lives and truly wants them to resolve their obesity and live an active, healthy, and long life. “Weight loss can be a lifelong struggle, but we help patients see the rewards of losing weight and provide them with the education and tools to achieve their goals,” he says.

#### EDUCATION

B.S., Southwestern Oklahoma State University  
D.O., Texas College of Osteopathic Medicine

#### THE BARIATRIC EXPERTS

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