



VANESSA GAVALYA

Karen Bassichis Saland, M.D.

OPHTHALMOLOGY

Dr. Karen Bassichis Saland, voted one of the Best Doctors in Dallas for ophthalmology for the 15th consecutive year, continues her dedication to treating patients at her well-respected and cutting-edge comprehensive ophthalmology practice, Saland Vision. Dr. Saland routinely cares for patients with a wide variety of eye conditions including glaucoma, dry eyes, diabetes, and cataracts.

Dr. Saland and her team utilize the latest technology to help her patients achieve optimal outcomes in eye health and function, while obtaining maximal comfort. Saland Vision uses Optomap, which captures high-quality images of the retina quickly and does not require dilation— a feature that patients greatly appreciate.

During cataract surgery, she utilizes Alcon's Optiwave Refractive Analysis to get a more precise measurement of the cornea before selecting a custom lens implant. These implants, such as the PanOptix, PanOptix Toric, and Vivity, are at the forefront of intraocular lens technology.

Dr. Saland ensures the best possible visual outcome for each patient by incorporating the latest corneal mapping and biometry techniques. Saland Vision provides a complete eye care experience, with an on-site optical boutique with a licensed optician and a therapeutic optometrist who assist patients in finding the perfect contact lenses and glasses frames, complete with innovative lenses that provide a clear and comfortable viewing experience.

The boutique includes all your favorite styles with frames from Silhouette, Gucci, SALT, Dilem, Plein Les Mirettes, Rayban, Maui Jim sunglasses, and more. New designs arrive each season, so check back often. They are committed to finding the best fit for you with the highest level of customer service.

Dr. Saland's passion and ability to maintain and protect vision is reflected in patient satisfaction and confidence. She is a clinical associate professor at the University of Texas Southwestern Medical School and has been recognized for more than 15 years of dedicated service. Dr. Saland additionally serves on the internal medicine teaching faculty at Texas Health Dallas.

EDUCATION

B.A., Harvard University; M.D. and Internship, University of Texas Southwestern Medical School; Residency, Maryland General Hospital/Jonas Friedenwald Eye Institute

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