

# Anna Toker, M.D., F.A.C.S., F.A.S.C.R.S.

## COLON AND RECTAL SURGERY

Dr. Anna Toker is a full-service colorectal surgeon in Mansfield and Arlington, focusing on robotic approaches to colorectal surgery and offering Emsella pelvic floor therapy and sacral nerve stimulation for fecal incontinence. Dr. Toker is also the independent owner of Skandii MedSpa in Mansfield, offering dietary and nutritional advice for weight loss, as well as aesthetic treatments for overall health and beauty. "I have spent a lifetime mastering the art of surgery but have found that there needs to be a better approach to patient care," she says. "Caring about yourself helps turn your health goals into reality. I am proposing a holistic approach that uses whole food nutritional supplements and minimally invasive surgery to allow patients to achieve energy, beauty, and wellness."



### EDUCATION

B.S., B.A., University of New Orleans;  
M.S., LSUMC, New Orleans;  
M.D., *with honors*, LSU Medical School;  
Residency, Methodist Hospital, Dallas and  
UTHSC, Houston

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