



Ricardo A. Meade, M.D.

PLASTIC SURGERY

Dr. Ricardo A. Meade, a renowned plastic surgeon based in Dallas for more than 18 years, is board certified by the American Board of Plastic Surgery. His area of expertise lies in aesthetic plastic surgery, with a special focus on the face, breast, and body. Dr. Meade is acclaimed for his mastery in the composite facelift technique, which uniformly revitalizes the face and imparts a youthful radiance to the eyes.

Dr. Meade has a notable history of success in diverse state-of-the-art techniques in facelifts (including composite facelift and deep plane facelift techniques), neck lifts, eyelid surgery, modern structured rhinoplasty, mommy makeovers, tummy tucks, breast lifts, and augmentations. His online patient reviews document these accomplishments well. He warmly welcomes you to explore these reviews, highlighting his affable nature and extensive experience across diverse plastic surgery domains. "My true satisfaction comes from performing aesthetic procedures that boost self-confidence and transform lives," he says. "Facial rejuvenation surgery is a prime example, where understanding each patient's unique requirements is pivotal to achieving their desired outcome."

Educated at Duke University, Dr. Meade embarked on his plastic surgery journey by honing his skills in general surgery and plastic and reconstructive surgery. His dedication to patient safety and mastery of surgical techniques were evident throughout his training. Following his residency, he further refined his surgical finesse through an aesthetic surgery fellowship at UT Southwestern Medical School and the Dallas Plastic Surgery Institute, working under the guidance of esteemed mentors in the field of plastic surgery.

Balancing his role as a devoted husband and father of four, Dr. Meade actively contributes to leadership in DPSI's practice management. He also finds great joy in mentoring aesthetic Fellows, grooming the next generation of board-certified plastic surgeons. His involvement on the executive committee of the Dallas Plastic Surgery Institute underscores his commitment to shaping the practice's future direction. Notably, Dr. Meade was the former medical director of the Dallas Day Surgery Center, an indicator of his association with this premier, world-class facility for aesthetic plastic surgery.

Fluent in Spanish, Dr. Meade demonstrates his commitment to community service through active involvement in various organizations such as Arise Africa, Edify global children's education, and Watermark Community Church. He maintains membership in prestigious professional associations, including the American Society of Plastic Surgeons and the Texas Society of Plastic Surgeons.

EDUCATION

M.D., Monterrey School of Medicine, I. Santos Monterrey, Mexico
Residency, Duke University
Fellowship, UT Southwestern Medical School

DALLAS PLASTIC SURGERY INSTITUTE

9101 North Central Expressway, Suite 600
Dallas, Texas 75231 | 214.823.1691

doctormeade.com

VANESSA GAVALYA